TAKEDAO RAILWAY & GORGE

007 / MOUNTAIN WALK

6.53 miles · 10.51 km

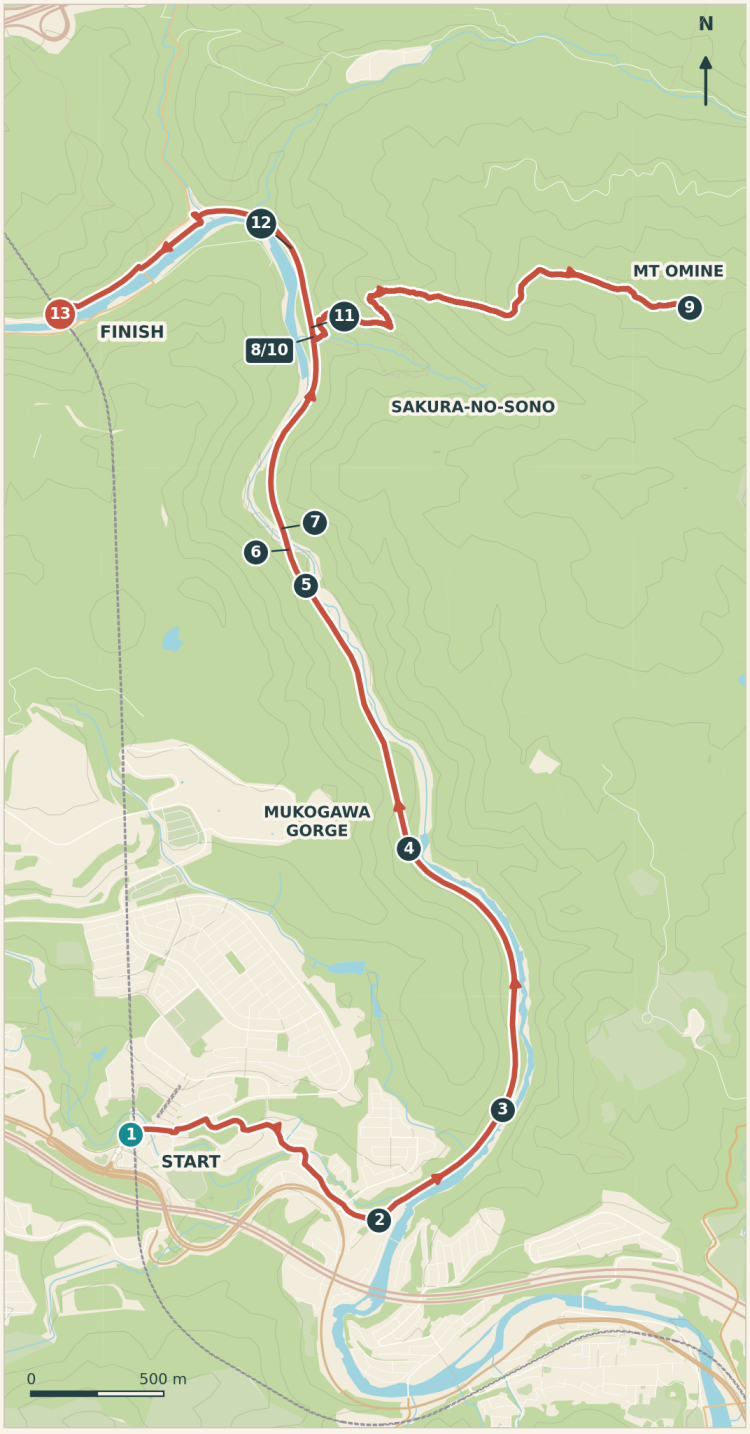
Gain ~620 m · Loss ~590 m (DEM estimate)

Allow about 4–5 hours

Six dark tunnels · Steep summit trail

GORGE & MOUNTAIN ROUTE

North up · 50 m contours · 8/10 share one junction



THE WALK

From JR Nishinomiya-Najio, take the mapped Higashiyamadai streets and steps to the south trailhead. Follow the former Fukuchiyama railway through the gorge and across its historic bridges.

At Sakura-no-Sono, take Sakura Way and climb to Mount Omine (552 m). Retrace 1.22 miles to the same junction, avoiding the closed creek crossing. Finish the railway trail and follow the riverside road to JR Takedao.

Daylight only. Bring a headlamp or flashlight for all six unlit railway tunnels. Watch for wet sleepers, loose ballast, exposed gorge edges and steep forest steps. Stay behind rails. Avoid heavy rain and high water.

CHECKPOINT		MILES
1	**JR Nishinomiya-Najio**	**0.00**
2	South railway trailhead	**0.75**
3	Kitayama No. 1 tunnel	**1.14**
4	Kitayama No. 2 tunnel	**1.87**
5	Mizotakio tunnel	**2.54**
6	Second Mukogawa Bridge	**2.63**
7	Nagao-yama No. 1 tunnel	**2.68**
8	Sakura-no-Sono ascent	**3.17**
9	Mount Omine summit area	**4.39**
10	Sakura-no-Sono return	**5.61**
11	Nagao-yama No. 2 tunnel	**5.64**
12	Nagao-yama No. 3 tunnel	**5.83**
13	**JR Takedao**	**6.53**

Cumulative miles from the JR station-side walkway.

Use signed open stairs at Sakura-no-Sono. Check current closures and bear notices. Follow road signs and give residents space on the station approach.

JR TAKARAZUKA LINE

Start at JR Nishinomiya-Najio (JR-G58), on the station-side pedestrian bridge approach. From Osaka, use a JR Takarazuka Line train that stops at Nishinomiya-Najio.

Finish at the JR Takedao (JR-G59) entrance. Board a train toward Takarazuka / Osaka. Check stopping patterns and return times before starting the hike.

OSM and official notices checked 07 Nov 2026. Follow on-site signage and check for temporary restrictions.

Elevation estimated from GSI DEM10B. Tunnel grades interpolated between portals. Route checked remotely.

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Sources: OSM · Railway trail map · Sakura-no-Sono access report · Hokusetsu trail map · JR West